The Green Bottle

Where You Fall on the Sliding Scale







I may stress about meeting my basic needs but still regularly achieve them

I may have some debt but it does not prohibit attainment of basic needs

I own or lease a car

I am employed

I have access to health care

I might have access to financial savings

I have some expendable income

I am able to buy some new items & I thrift others

I can take a vacation annually or every few years without financial burden



I frequently stress about meeting basic needs & don't always achieve them

I have debt and it sometimes prohibits me from meeting my basic needs

I rent lower-end properties or have unstable housing

I do not have a car and/or have limited access to a car but I am not always able to afford gas

I am unemployed or underemployed

I qualify for government assistance including food stamps & health care

I have no access to savings

I have no or very limited expendable income

I rarely buy new items because I am unable to afford them

I cannot afford a vacation or have the ability to take time off without financial burden

PERSONAL FINANCIAL EXPERIENCE

*BASIC NEEDS include food, housing, and transportation. **EXPENDABLE INCOME might mean you are able to buy coffee or tea at a shop, go to the movies or a concert, buy new clothes, books, and similar items each month, etc.